

J R KISSAN COLLEGE OF PHARMACY AND HEALTH SCIENCE, ROHTAK

LESSON PLAN

D.Pharmacy 1st yr. (session 2022-23)

Subject- Social Pharmacy

Name of Faculty- Ms. MONIKA

S.No.	Days	Theory Topic	Practical Topic
1.	02-01-2023 - 05-01-2023	Introduction to Social Pharmacy- definition and Scope. Social Pharmacy as a discipline and its scope in improving the public health Nutrition and Health, Basics of nutrition	To study and understand the immunization schedule for infants and children
2.	06-01-2023- 13-01-2023 (Quiz/Oral Exam On Wednesday)	Role of Pharmacists in Public Health Macronutrients and Micronutrients	
3.	14-01-2023- 21-01-2023	Concept of Health-WHO Importance of water and fibers in diet	To learn hand washing techniques
4.	22-01-2023- 29-01-2023	Various dimensions, determinants, and health indicators. National Health Policy – Indian perspective Balanced diet, Malnutrition	To prepare and study nutrition chart for children and adults
5.	30-01-2023-06-02-2023	Conduct of Induction Program 2021	
6.	07-02-2023-13-02-2023	Introduction to Millennium Development Goals, Sustainable Development Goals, FIP Development Goals Nutrition deficiency diseases, ill effects of junk foods	To learn cough and sneeze etiquettes
7.	14-02-2023-20-02-2023 (Quiz/Oral Exam On Wednesday)	Preventive healthcare- Demography and Family Planning Calorific and nutritive values of various foods, fortification of food	
8.	21-02-2023-28-02-2023	Welcome Fresher's Party 2021	
9.	01-03-2023-07-03-2023	Mother and child health, importance of breastfeeding Introduction to food safety, adulteration of foods, effects of artificial ripening, use of pesticides, genetically modified foods	To understand family planning techniques

10.	08-03-2023-15-03-2023 (Quiz/Oral Exam On Wednesday)	Revision for 1 st sessional exams and problem discussion	
11.	16-03-2023-23-03-2023	Conduct of 1st Internal assessment Exam	
12.	23-03-2023-31-03-2023	Extracurricular activity- Khelo-India Cricket Tournament	
13.	01-04-2023-07-04-2023 (Seminar on Friday)	ill effects of infant milk substitutes and bottle feeding Dietary supplements, nutraceuticals, food supplements – indications, benefits	To understand reproductive health and child health program
14.	08-04-2023-15-04-2023	Overview of Vaccines Introduction to Microbiology and common microorganisms	To study and prepare chart about virus, way of spreading, precautions and treatment of Corona virus
15.	16-04-2023-23-04-2023 (Quiz/Oral Exam On Wednesday)	Types of immunity and immunization Epidemiology: Introduction to epidemiology, and its applications. Understanding of terms such as epidemic, pandemic, endemic, mode of transmission, outbreak, quarantine, isolation, incubation period, contact tracing, morbidity, mortality	
16.	24-04-2023-30-04-2023	Types of immunity and immunization Causative agents, epidemiology and clinical presentations and Role of Pharmacists in educating the public in prevention of the following communicable diseases: Respiratory infections – chickenpox, measles, rubella, mumps, influenza	
17.	01-05-2023-07-05-2023 (Seminar on Friday)	Effect of Environment on Health – Water pollution, importance of safe drinking water Avian-Flu, H1N1, SARS, MERS, COVID-19, diphtheria	To study and prepare chart about virus, way of spreading, precautions and treatment of Tuberculosis
18.	08-05-2023-15-05-2023	Waterborne diseases, air pollution, noise pollution, sewage and solid waste disposal whooping cough, meningococcal meningitis	
19.	16-05-2023- 23-05-2023 (Quiz/Oral Exam On Wednesday)	Occupational illnesses, Environmental pollution due to pharmaceuticals Acute respiratory infections, tuberculosis, Ebola	To study and prepare chart about virus, way of spreading, precautions and
20.	24-05-2023- 30-05-2023	Psychosocial Pharmacy: Drugs of misuse and abuse – psychotropics, narcotics, alcohol, tobacco products Intestinal infections – poliomyelitis, viral	

		hepatitis, cholera, acute diarrheal diseases	treatment of Typhoid
21.	01-06-2023-07-06-2023	Social Impact of these habits on social health and productivity and suicidal behaviours Typhoid, amebiasis, worm infestations, food poisoning	
22.	08-06-2023-15-06-2023	Introduction to health systems and all ongoing National Health programs in India, their objectives, functioning, outcome, and the role of pharmacists. Arthropod-borne infections - dengue	To learn about basics of first aid
23.	16-06-2023-20-06-2023 (Quiz/Oral Exam On Wednesday)	Introduction to health systems and all ongoing National Health programs in India Malaria	To study and understand oral health and hygiene
24.	21-06-2023-23-06-2023	Conduct of 2nd Internal assessment Exam	
25.	24-06-2023-26-06-2023	Introduction to health systems and all ongoing National Health programs in India Filariasis and, chikungunya	To learn how to wear and dispose mask
26.	27-06-2023-30-06-2023 (Seminar on Friday)	Field visit	
27.	31-06-2023-02-07-2023 (Quiz/Oral Exam On Wednesday)	National Health Programs Surface infections – trachoma, tetanus	To study different disinfectants and marketed preparation
28.	03-07-2023-10-07-2023	Introduction to health systems and all ongoing National Health programs in India leprosy	
29.	11-07-2023-15-07-2023	. Various National Health Programs STDs, HIV/AIDS	To study antiseptics and its marketed products
30.	16-07-2023-18-07-2023	outcomes and the role of pharmacists. STDs	
31.	19-07-2023-20-07-2023	objectives, functioning, outcome, and the role of pharmacists. Pharmacoeconomics – Introduction,	
32.	From 21-07-2023 onward	Various National Health Programs importance of pharmacoeconomics	Revision
33.	02-01-2023 - 05-01-2023	Revision and class tests	